

A collection of colorful musical notes in yellow, red, and green, floating in the top left corner.

MOTHER GOOSE

A small yellow butterfly with black markings, flying towards the left.

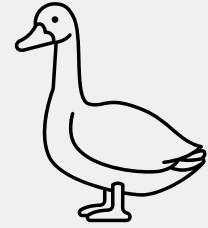
2025

A small orange butterfly with black markings, flying towards the right.

Song Book



The Parent-Child Mother Goose ProgramTM



The Parent-Child Mother Goose Program® is a joyful, physically close, and interactive program in which parents and their young children learn to share the power and pleasure of oral rhymes, songs, and stories.



All children's early experiences mould their brains, and the primary caregiver provides most of those experiences. The caregiver's choice of words, tone of voice, gestures, facial expressions, holding, and cuddling lay the neurological foundation for the child's lifelong emotional, physical, and cognitive health.

Hello everybody and how are you?
how are you, how are you today?

My **hands** say HELLO

My hands say HELLO

Every time I see my friends, my hands say HELLO.

My **feet** say HELLO

My feet say HELLO

Every time I see my friends, my feet say HELLO.

My **nose** says HELLO...



Hands are Clapping

Hands are clapping

Clap, clap, clap

Hands are clapping

Clap, clap, clap

Hands are clapping

Clap, clap, clap

Clap your hands my darling

Toes are tapping...eyes are hiding peek a boo, etc.



Elevator Song

Oh the world is great

And the work is grand

There is a tall tall building

On a tiny piece of land

And we live way up on the 22nd floor

This is what we do when we
go out the door

We take the elevator up

We take the elevator down

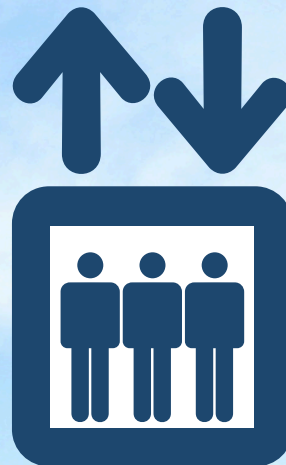
We take the elevator up

We take the elevator down

We take the elevator up

We take the elevator down

And we turn around



I am a knife, fork, spoon, spatula
cha, cha, cha

I am a knife, fork, spoon, spatula
cha, cha, cha

I am a knife, fork, spoon

I am a knife, fork, spoon

I am a knife, fork, spoon, spatula
CHA, CHA, CHA!



Hot Sauce Song

Sriracha, sriracha, sriracha, Ketchup!
Sriracha, sriracha, sriracha, Ketchup!
Sriracha, sriracha, sriracha, Ketchup!

Mustard, mustard, mustard, mustard
Mustard, mustard, mustard, mustard
Maaaayyyo!!



Watermelon, watermelon

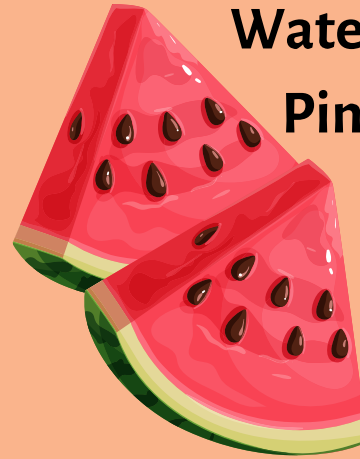
Pineapple, pineapple,

Banananana

Banananana,

fruit salad

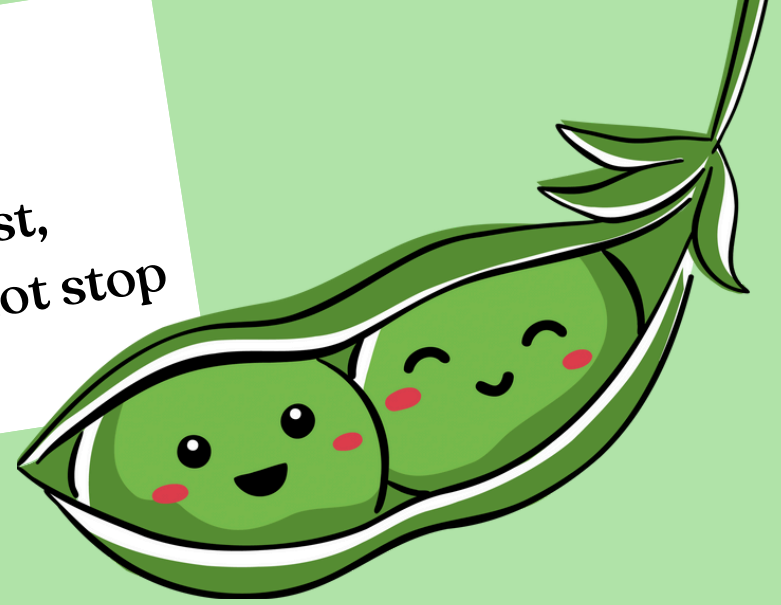
fruit salad



Peel, peel, peel the banana,
Cut, cut, cut the banana,
Mash, mash, mash the banana,
Mix, mix, mix the banana,
Eat, eat, eat the banana,
...go banaaaanas!



5 little peas in a pea pod pressed...
Five little peas in a pea pod pressed
One grew, two grew and so did all the rest,
They grew.....they and grew.....and they did not stop
Until one day the pod went POP!



Dinosaur, Dinosaur, Turn Around.
Dinosaur, dinosaur, Stomp the ground.
Dinosaur, dinosaur, Show your claws.
Dinosaur, dinosaur, Snap your jaw,
Dinosaur, dinosaur, Turn around.
Dinosaur, dinosaur, Sit back down.

HELLO!

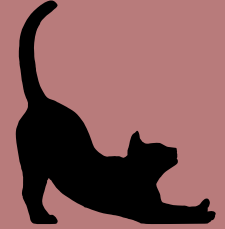


Clap everybody and say HELLO
Clap everybody and say HOLA,
Clap everybody and say BONJOUR...
No matter what the weather.

bonjour

Mother Mouse

Once there was a mother mouse and her five children. Mother mouse decided to take her children for a walk. On this walk, around a corner they found a BIG, SCARY CAT!



Mother mouse was scared, but she was also brave, so she looked that BIG, SCARY CAT right in the eyes and said WOOF, WOOF WOOF!

Then Mother mouse looked at her five children and said “I need your help!”

Then Mother mouse and her children looked at the BIG, SCARY CAT and in their loudest, bravest voices they said WOOF, WOOF, WOOF!

And that BIG, SCARY CAT ran away!

Then Mother Mouse looked at her five children and said:

“There is a lesson to be learned here!

Never underestimate the power of a second language!”



Roley poley, roley poley
up, up, up
up, up, up
roley roley poley, roley roley poley
down, down, down
down, down, down
Roley poley, roley poley
out, out, out
out, out, out
roley roley poley, roley roley poley
in, in, in
in, in, in



Love Grows
Love grows one by one
Two by two and four by four
Love grows around in a circle
And comes back knocking on
your front door

My mother gave me a *nickel*
to go and buy a *pickle*
but I didn't buy a *pickle*
I bought bubble gum
balloo, balloo, balloo POP
balloo, balloo, balloo POP
I bought bubblegum!
My mother gave me a *dime*
to go and buy a *slime/lime*
but I didn't buy *slime/lime*
I bought bubble gum
balloo, balloo, balloo
POP...

Sailing
Sailing, sailing, over the water
Sailing, sailing, over the sea
Sailing, sailing over the ocean
Sailing back home to me



A smooth road, a smooth road
a smooth road, a smooth road
A bumpy road, a bumpy road
a bumpy road, a bumpy road
A rough road, a rough road
a rough road, a rough road
A HOLE!



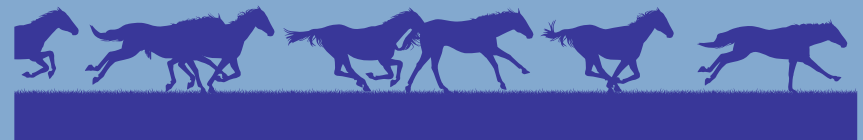
**Here is a nest for a bluebird
here is hive for a bee
here is a hole for a bunny
and here is a home for me**



**I'm a Great Big Dump truck
I'm a great big dump truck
Full of rocks
Here is the engine
Here is the box
When the crew is ready
Hear them shout!
Pull the lever and dump me out!**

**Mom and Dad and Uncle John
Went to the market one by one**

**Mom fell off
Dad fell off
and Uncle John went on and on and
on and on and on**



HICCUPS FOR ELEPHANT – PICNIC STYLE

It was picnic day in the jungle. All the animals had finished eating and they were enjoying an afternoon nap. Except for *Elephant*, he had the hiccups “HICCUP!”

Monkey woke up. “I can cure hose hiccups” *Monkey* said. “Stand on your head and eat a banana!”

Elephant gave it a try. KA-BOOM! It only made him dizzy. “HICCUP!”

Lion woke up. “I can cure those hiccups” *Lion* said. “Drink lots of water, very, very fast.”

Elephant gave it a try. He drank and drank and drank and DRANK. “HICCUP!”

Giraffe woke up. “I can cure those hiccups” *Giraffe* said. “Hold your breath and count to 5...backwards.”

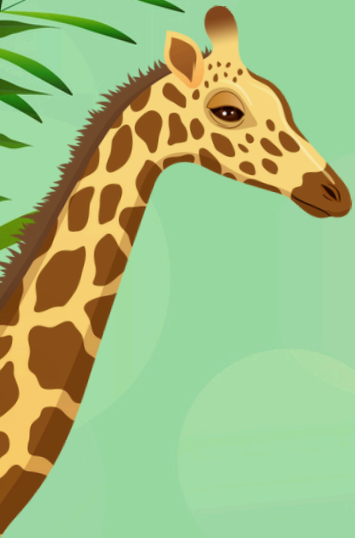
Elephant gave it a try. “5-4-3-2-1- HICCUP!” “Oh, brother it’s not gonna work he said. I’m hungry after all that hard work. Time for a snack. HICCUP!”

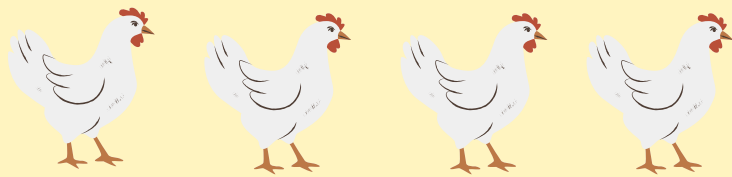
He opened the picnic basket and out popped an *Ant*! “EEEEEEEEEEK!”

Elephant creamed and suddenly his hiccups were all gone!

All the animals went back to sleep and it was quiet in the jungle again. Unfortunately, the *Ant* had gotten in to the pepper.

“AAAACHOOO!”

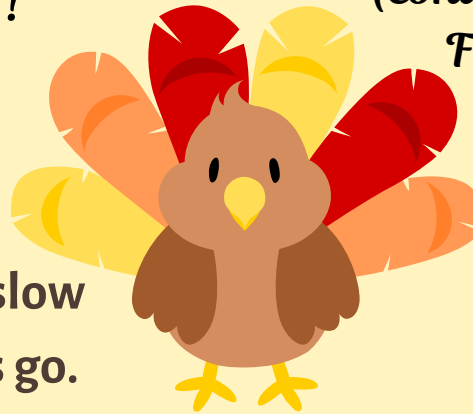




*Chickens in the Barnyard
Chickens in the barnyard
Staying out of trouble
Along came a turkey
And... gobble, gobble, gobble!!*



*Rock me gently, rock me slow
rock me where the robins go.
Rock the branch and rock the bough
rock the baby robins now.
Rock me up and rock me down
rock me off to sleepy town.
Rock me gently up the stairs
to snuggle with my teddy bears.
Rock me gently, rock me slow
rock me where the robins go.*



*Wake up Feet
Wake up feet,
Wake up feet
Wake up feet and wiggle, wiggle, wiggle,
Wake up feet,
Wake up feet ,
Wake up and wiggle in the morning!
(continue with hands, ears, knees,
Fingers, hips, tongue, etc.)*

*Twinkle twinkle little star
How I wonder what you are.
Up above the world so high,
like a diamond in the sky.
Twinkle, twinkle little star
How I wonder what you are.*



Book! Book! Book!

Once upon a time there were some farm animal friends who loved to read books! They had read all the books in their barn and decided they should head to the library to check out some more books. The chicken said: "Oh let me go! Please!"



The horse said: "Oh no! You are much too little, I will go!"

So the horse trotted off down the road and in to the library and right up to the check out desk and said to the librarian "neigh, neigh, neigh!"

The librarian looked at the horse and said "I am so sorry Horse, I would love to help you but I do not speak horse and I don't know what you want!"

The horse hung his head and returned to his friends to tell them that he could not get any books.

The chicken said: "Oh let me go! Please!"



The sheep said "oh not chicken, you are much too small, I will go!"

so the sheep went in to the library and up to the librarian and said "Baa, baa, baa!"

The librarian said "I am so sorry Sheep!

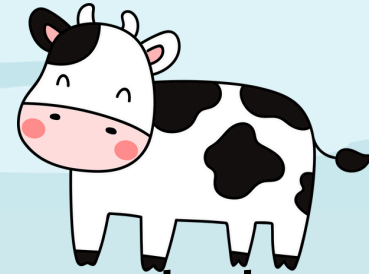
I would love to help you but I don't speak sheep!"



**Sheep headed back to his friends to tell them that he could not get any books!
The chicken was now jumping up and down and waving her arms in the air.
“Please, please let me go get us some books!”**



**The cow shook her head and said: “No chicken, I will go, you are too little!”
When the cow got to the library she looked the librarian
right in the eye and said “Mooooo.”**



**The librarian just shook her head and sighed
“I’m sorry Cow, I do not understand what you want.”
Cow returned to her friends and told them they couldn’t get any books.**

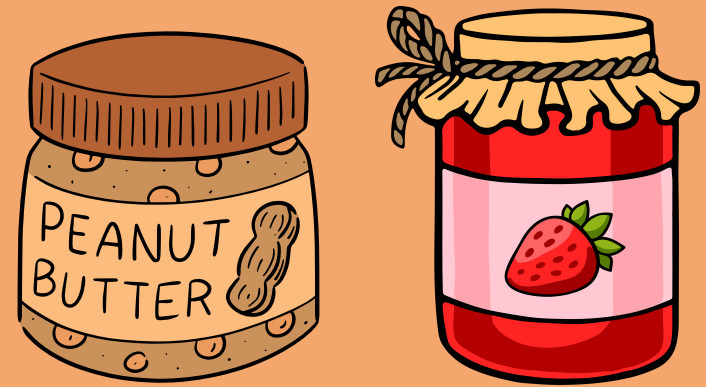
**The animal friends were at a loss and didn’t know what to do.
Chicken stomped her feet and headed off to the library.
She strutted up to the counter, hopped right up next the to librarian and said
“Book, Book, Book!”**



**“Oh,” said the librarian, “You want some books!
Of course, you can take as many as you need!”
And that’s how chicken showed you are never too small to make a difference!**



Peanut butter, marmalade and jam,
Let's say HELLO as **high** as we can...
Peanut butter, marmalade and jam,
Let's say HELLO as **low** as we can...
Peanut butter, marmalade and jam,
Let's say HELLO as **funny** as we can...
Peanut butter, marmalade and jam,
Let's say HELLO as **grumpy** as we can..
(loud-quiet, fast-slow...)



Five little speckled frogs,
(Hold up five fingers)
Sat on a speckled log,
Eating some most delicious bugs.
(Pretend to eat bugs)

Yum! Yum!

One jumped into the pool,
Where it was nice and cool.

(Cross arms over chest and shiver)
Now there are four green speckled frogs.
Burr-ump!





Sittin' in my high chair, my chair, high chair,
Sittin' in my high chair bangin' my spoon.
Sittin' in my high chair, my chair, high chair,
Sittin' in my high chair bangin' my spoon.
Bring on the carrots, bring on the peas
Won't somebody feed this little baby please?

Sittin' in my high chair, my chair, high chair,
Sittin' in my high chair bangin' my spoon.
Sittin' in my high chair, my chair, high chair,
Sittin' in my high chair bangin' my spoon.
Bring on the crackers, bring on the cheese,
Won't somebody feed this little baby please?

Pirate Song

When I was one, I stubbed my thumb the day I went to sea
I jumped aboard a pirate ship
And the captain said to me:
We're going this way, that way, forwards, backwards
Over the deep blue sea
Some chewing gum to fill my tum
The pirate life for me
ARGGGGG

When I was *two*, I lost my shoe...
When I was *three*, I skinned my knee...
When I was *four*, I kicked the door...
When I was five, I took a dive into the deep blue sea...





Little Red Wagon

Bumping up and down in my little red wagon
Bumping up and down in my little red wagon
Bumping up and down in my little red wagon
Wont' you be my darling?

One wheel's off and the axle's broken
One wheel's off and the axle's broken
One wheel's off and the axle's broken
Wont' you be my darling?

Let's all fix it with a hammer
Let's all fix it with a hammer
Let's all fix it with a hammer
Won't you be my darling?



And we walk, and we walk, and we walk
And we walk, and we walk, and we walk
And we STOP!

And we tip-toe, and we tip-toe, and we tip-toe
And we tip-toe, and we tip-toe, and we tip-toe
And we STOP!

Other actions:

*And we jump, run, dance, stomp,
twirl, fly, swim etc.*



You are my sunshine,
my only sunshine
You make me happy
when skies are grey.
You'll always know dear
how much I love you,
You bring sunshine to my day!

Just Enough

There once was a tailor who was a very good tailor but so poor that it took him years to save enough money to buy a fine piece of cloth to keep for his very own. But at last he managed it and made himself a most excellent coat.



But at last his coat wore out. At least he thought it was worn out, but when he looked at it very carefully he saw that he had just enough cloth left to make a jacket.

So he cut and he snipped and he sewed and he made a jacket. It was a very handsome jacket and he wore it nearly every day and especially to funerals and weddings.



But at last the jacket wore out. At least he thought it was worn out, but when he looked at it very carefully he saw that he had just enough good cloth to make a vest.

So he cut and he snipped and he sewed and he made a vest. In that vest he looked extremely dashing and he wore it while he worked and when he took his goods to market, and especially to dances.



But at last his vest wore out. At least he thought it was worn out, but when he looked at it very carefully he saw that he had just enough good cloth left to make a cap.

So he cut and he snipped and he sewed and he made a cap. He wore that cap whenever the wind blew or the snow fell and his ears never got cold.

But at last the cap wore out. At least he thought it was worn out but when he looked at it very carefully he saw that he had just enough good cloth left to make a button.



So he cut and he snipped and he sewed and he made a button. He sewed it to his suspenders and his pants never fell down even when he danced a jig.

But at last the button wore out. At least he thought it was worn out, but when he looked at it very carefully he saw that he had just enough left to make a story.



So he did! And I just told it to you!



Everybody knows that I love my toes
everybody knows that I love my toes...

I love my knees, my elbows,
my shoulders and my nose
But everybody knows I love my toes!

Everybody knows that I love my hips
everybody knows that I love my hips...

I love my eyes, my hands,
my arms and my lips
But everybody knows I love my hips!

*This is the way we wash our hands, wash our hands, wash our hands
This is the way we wash our hands so early in the morning...
(Comb our hair, brush our teeth, etc.)*



There was a little turtle,
Who lived in a box.
He swam in puddles,
And climbed on rocks.

He snapped at the mosquito,
He snapped at the flea,
He snapped at the minnow,
And he snapped at me.



He caught the mosquito,
He caught the flea,
He caught the minnow,
But he didn't catch me!





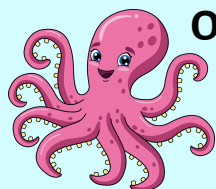
Hands together small movements

Slippery fish, slippery fish, sliding through the water, Slippery fish, slippery fish, Gulp, Gulp, Gulp!

Oh, no! It's been eaten by an...

Arms doing squiggly backstroke

Octopus, octopus, squiggling in the water



Octopus, octopus, Gulp, Gulp, Gulp!

Oh, no! It's been eaten by a...

Hands clapping in front of body

Tuna fish, tuna fish, splashing in the water, Tuna fish, tuna fish, Gulp, Gulp, Gulp!

Oh, no! It's been eaten by a...

Arms clapping large movements

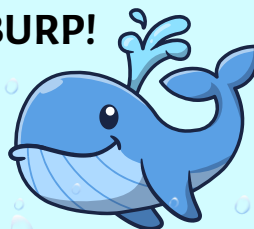


Great white shark, great white shark, lurking in the water, Great white shark, great white shark, Gulp, Gulp, Gulp! Oh, no! It's been eaten by a...

Hands together large movements

Humongous whale, humongous whale, spouting in the water, Humongous whale, humongous whale, Gulp! ... Gulp! ... Gulp! ... BURP!

Pardon me!



**OH, THE WALRUS WASHES HIS WINTER COAT
DOWN BY THE WAVY OCEAN:**

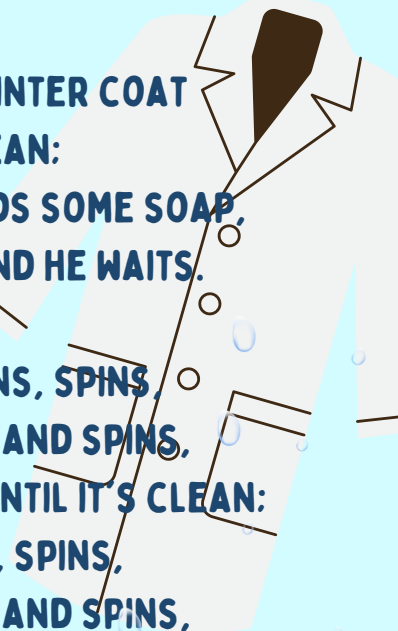
**HE ADDS SOME WATER, AND HE ADDS SOME SOAP,
AND HE WAITS, AND HE WAITS, AND HE WAITS.**

**AND THE LAUNDRY SHAKES, SHAKES, SHAKES,
THE LAUNDRY SHAKES AND SHAKES AND SHAKES,
THE LAUNDRY SHAKES, SHAKES, SHAKES UNTIL IT'S CLEAN:
AND THE LAUNDRY SHAKES, SHAKES, SHAKES,
AND THE LAUNDRY SHAKES AND SHAKES AND SHAKES,
THE LAUNDRY SHAKES, SHAKES, SHAKES UNTIL IT'S CLEAN.**

**OH, THE WALRUS WASHES HIS WINTER COAT
DOWN BY THE WAVY OCEAN:**

**HE ADDS SOME WATER, AND HE ADDS SOME SOAP,
AND HE WAITS, AND HE WAITS, AND HE WAITS.**

**AND THE LAUNDRY SPINS, SPINS, SPINS,
THE LAUNDRY SPINS AND SPINS AND SPINS,
THE LAUNDRY SPINS, SPINS, SPINS UNTIL IT'S CLEAN:
THE LAUNDRY SPINS, SPINS, SPINS,
THE LAUNDRY SPINS AND SPINS AND SPINS,
THE LAUNDRY SPINS, SPINS, SPINS, UNTIL IT'S CLEAN.**



WIDE MOUTHED FROG

There was once a slimy, green frog with a very big mouth. That frog drove everybody crazy. He was always going up to others and shouting, “Who are you? I’m a big, wide-mouth frog!” One morning he decided to find out what everybody else ate for breakfast. He hopped out of his frog pond, went straight to the zoo and began to bother the animals.

First, he met the *giraffe*. “Who are you? And what do you eat for breakfast?” The giraffe looked down. “I’m a giraffe, of course. I eat leaves for breakfast.” The big wide-mouth frog bellowed, “Well, I’m a big wide-mouth frog! I eat flies for breakfast!”

Next he visited the *elephant*. “Who are you? And what do you eat for breakfast!” “I’m an elephant of course. I eat plants for breakfast.” “Well, I’m a big wide-mouth frog! I eat flies for breakfast!”

Next, he went to visit the *crocodile* and shouted in his usual, obnoxious way, “Who are you? And what do you eat for breakfast?” With a sly, hungry look in her eyes, the crocodile answered, “I’m a crocodile, of course. And I just love to eat big, wide-mouth frogs for breakfast. Have you seen any big wide-mouth frogs about?”

When the big wide-mouth frog heard that, suddenly his wide mouth closed up and got very, very, very small. Then he said with squeak, “Nope, I’ve never heard of a creature called a big wide-mouth frog. Hope you find one. Sorry, I’ve got to go now.”

The big, wide-mouth frog hopped all the way back to his pond as fast as he could. And after that, he always remembered that sometimes it’s better to keep you big, wide mouth shut.



Little Clapping Mouse

Behind the tree (clap, clap)

And under the house (clap, clap)

There lived a teeny (clap, clap)

Tiny mouse (clap, clap)

She loved to sing (clap, clap)

She loved to tap (clap, clap)

But most of all (clap, clap)

She loved to clap (clap, clap)

She clapped all night (clap, clap)

She clapped all day (clap, clap)

She clapped to frighten (clap, clap)

The cat away (lots of clapping),

meow, meow, meow

She frightened the cat away!



**The Itsy bitsy spider
went up the water spout
down came the rain and
washed the spider out**

**Out came the sun and
dried up all the rain
and the itsy bitsy spider
went up the spout again**

**The big fat spider
went up the water spout...**



Tommy Thumbs

Tommy thumbs are up

And Tommy thumbs are down

Tommy thumbs are dancing

All around the town

Dance 'em on your shoulders

Dance 'em on your head

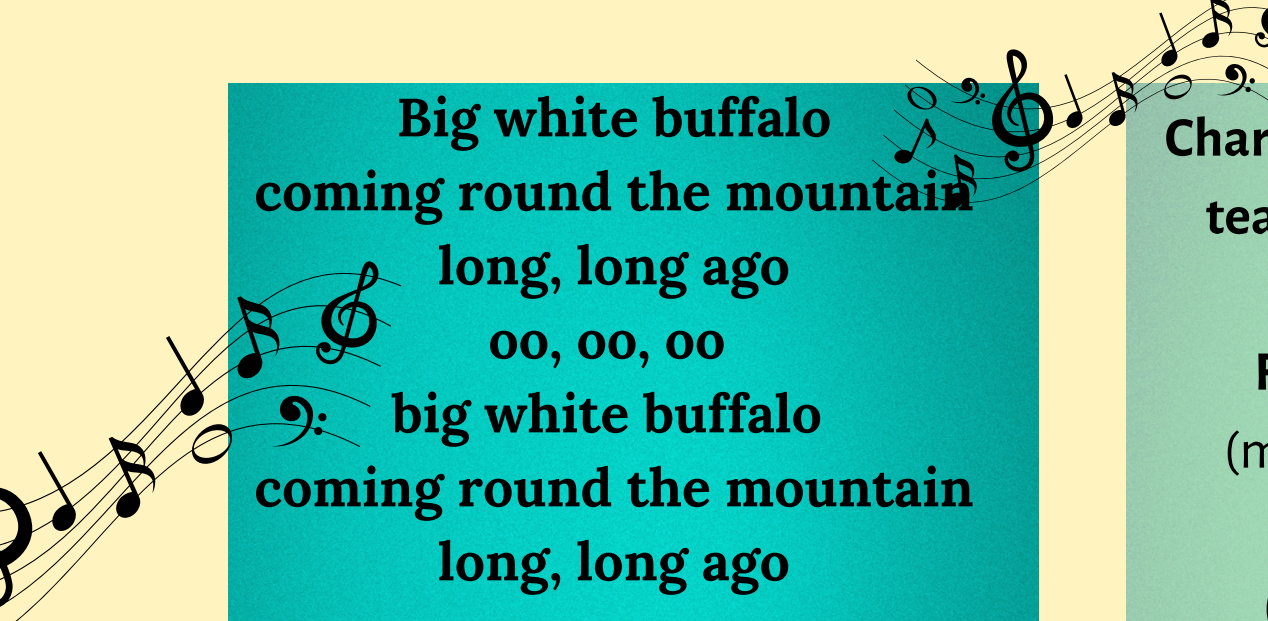
Dance 'em on your knees and

Tuck them into bed.



*Open them, shut them
Open them, shut them
give a little clap, clap, clap
Open them, shut them
Open them, shut them
fold them in your lap, lap, lap
creep them, creep them
slowly creep them
right up to your chin
Open up your little mouth
But do not let them in!*





**Big white buffalo
coming round the mountain**

long, long ago

oo, oo, oo

**big white buffalo
coming round the mountain**

long, long ago

oo, oo, oo

long, long ago

oo, oo, oo

long, long ago

oo, oo, oo



**Charlie Chaplin went to France to
teach the ladies how to dance**

First they did the Rumba

(move their legs side to side)

Then they did the kicks

(kick legs back and forth)

Then they did the Samba

(move their legs in a big circle)

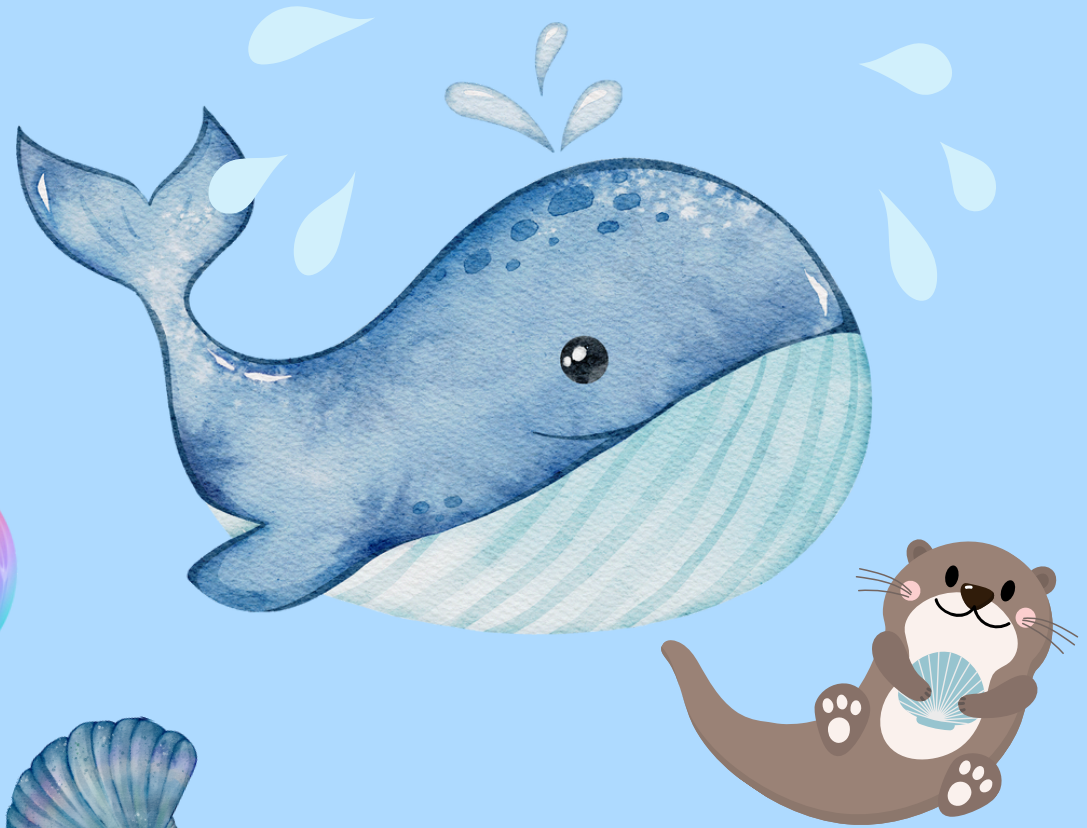
And then they did the Splits!

(Open and close their legs)

Tractors, tractors on the farm, E-I-E-I-O
Working, working as they go, E-I-E-I-O
They're plowing here and plowing there
Plowing, plowing, plowing everywhere
Tractors, tractors on the farm, E-I-E-I-O



I had a little turtle
His name was Tiny Tim
I put him in the bathtub
to see if he could swim
He drank up all the water
And ate a bar of soap
And now he's in his bed
With bubbles in his throat
Bubble, bubble, bubble
Bubble, bubble, bubble
Bubble, bubble, bubble
Bubble, bubble, pop!



*An orca whale, an orca whale
Little sea scallops and an orca whale
An orca whale, an orca whale
Little sea scallops and an orca whale
Sea otter, sea otter
Little sea scallops and an orca whale.
Sea otter, sea otter,
Little sea scallops and an orca whale.*

As I was walking down the
street, down the street, down
the street.

A very good friend I chanced
to meet,

hi ho, hi ho, hi ho!

We clapped our hands and
stomped our feet, stomped
our feet, stomped our feet.

We clapped our hands and
stomped our feet

hi ho, hi ho, hi ho!

A rig a jig jig and away we go,
away we go, away we go

A rig a jig jig and away we go
hi ho, hi ho, hi ho!



Zoom, zoom, zoom
we're going to the moon
zoom, zoom, zoom
we're going to the moon!
If you'd like to take a trip,
Climb on board our rocket ship!

Zoom, zoom, zoom
we're going to the moon!

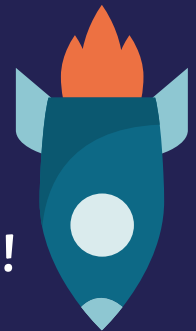
5, 4, 3, 2, 1

BLAST OFF!

Zoom, zoom, zoom
we're going back to earth

Zoom, zoom, zoom
We're going back to earth!
If you'd like to take a trip,
Climb on board our rocket ship!

Zoom, zoom, zoom
we're going back to earth!





The Apple Star (author unknown)

Once there was a little boy who had played almost all day. He had played with all his toys and all the games he knew, and he could not think of anything else to do. So, he went to his mother and asked, “Mother, what shall I do now?”

His mother said, “I know about a little red house with no doors and no windows and a star inside. You can find it, if you go look for it.”

So the little boy went outside and there he met a little girl. He asked, “Do you know where there is a little red house with no doors and no windows and a star inside?”

The little girl said, “No, I don’t know where there is a little red house with no doors and no windows and a star inside, but you can ask my daddy. He is a farmer and he knows lots of things. He’s down by the barn and maybe he can help you.”

So, the little boy went to the farmer down by the barn and said, “Do you know where there is a little red house with no doors and no windows and a star inside?”

“No,” said the farmer, “I don’t know, but why don’t you ask Grandmother. She is in her house up on the hill. She is very wise and knows many things. Maybe she can help you.”

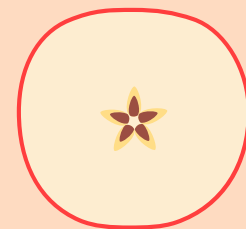
So, the little boy went up the hill to Grandmother’s and asked, “Do you know where there is a little red house with no doors and no windows and a star inside?”

“No,” Grandmother answered, “I don’t know, but you ask Brother Wind, for Brother Wind goes everywhere, and I am sure he can help you.”

So, the little boy went outside and asked Brother Wind, “Do you know where I can find a little red house with no doors and no windows and a star inside?”

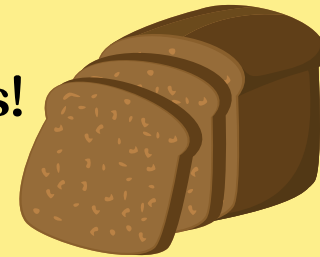
And Brother Wind said, “Oooooohhhhh! And it sounded to the little boy as if the wind said, “Come with me.” So the little boy ran after Brother Wind. He ran through the grass and into the orchard and there on the ground he found the little house – the little red house with no doors and no windows and a star inside! He picked it up, and it filled both of his hands. He ran home to his mother and said, “Look, Mother! I found the little red house with no doors and no windows, but I cannot see the star!”

So this is what his mother did (cut the apple across the middle from side to side, not top to bottom) “Now I see the star!” said the little boy.





Pizza, pickle, pumpernickel, (roll arms)
My little one shall have a tickle! (tickle child)
One for your nose, (tickle child's nose)
And one for your toes, (tickle child's toes)
And one for your tummy, where the tickle goes!
(tickle child's tummy)



*The moon is round
as round as can be
with an mouth
two eyes and
a nose
Like me!*



Slowly, slowly, very slowly
goes the garden snail

slowly, slowly, very slowly

Up the garden rail

Quickly, quickly, very quickly
goes the little mouse

Quickly, quickly, very quickly
in it's little house!



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